

GLUTEN FREE

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MENU

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PLEASE
SPEAK TO A
MEMBER OF
STAFF
ABOUT ANY
ALLERGIES

BREAKFAST

THE BAYS PORKY £12.50

Two Sausages, Two Bacon, Two Hash Browns, Two Fried Eggs, Mushrooms, Beans, Chopped Tomatoes & Toast

THE CLASSIC BAY £9.95

One Sausage, One Bacon, One Hash Brown, One Fried Egg, Mushrooms, Chopped Tomatoes, Beans & Toast

THE VEGAN £9.95

Two Plant Sausages, Two Hash Browns, Beans, Tomatoes, Mushrooms & Toast

THE VEGGIE £9.95

Two Plant Sausages, One Hashbrown, Beans, Tomatoes, Mushrooms, Fried Egg & Toast



LOADED OMELLETTES £11.50

Including Two Fillings:

Bacon, Sausage, Ham, Cheese, Mushrooms, Peppers, Onions, Tomato

Served with Salad or Hashbrowns & Beans or Chips & Beans

EXTRA FILLINGS FROM £1.50

SALMON & AVOCADO £13.50

On Seeded Toast

Smoked Salmon, Avocado, Topped With, Scrambled Eggs, Hollandaise, Cracked Pepper & Paprika

HAM OR AVOCADO £11.00

On Seeded Toast

Roast Ham Topped with Scrambled Eggs, Hollandaise, Cracked Pepper & Paprika

SANDWICHES

Served From 11.30 am

Cheddar, Spring Onion & Mayo £6.95

Tuna Mayonaise & Cucumber £6.95

Ham, Tomato & Mayo £6.95

Tandoori Chicken Salad & Mint Yogurt Sauce £8.95

ON TOAST

Two Toast & Jam £3.50

Beans on One Toast £3.20

Three Cheese on One Toast £3.70

Vegan Cheese on One Toast £3.95

Egg on One Toast £3.70

CLASSICS

Served From 11.30 am

Double Egg, Chips & Beans £8.50

Sausage, Egg Chips & Beans £11.50

Ham Egg & Chips £9.95

Vegan Plant Sausage, Chips & Beans £11.50

LOADED BOWLS

THE FARMER £12.00

Hashbrowns loaded with Sausage, Bacon, Scrambled Eggs, Cheese, Maple BBQ Beans & Spring Onions

THE VEGGIE GARDENER £12.00

Hashbrowns Loaded with, Plant Sausages, Scrambled Eggs, Cheese, Mushrooms, Maple BBQ Beans & Spring Onions

THE VEGAN POTTER £12.00

Hashbrowns Loaded with Plant Sausages, Vegan Cheese, Maple BBQ Beans, Mushrooms, Chopped Tomatoes & Spring Onions



LOADED FRIES

Served From 11.30 am



FRIES £3.95

CHEESY FRIES £4.95

TANDOORI CHICKEN £12.95

Tandoori Chicken, Topped with Cheddar, Red Onion, Cucumber, Mint Yogurt & Mango Sauce

SPICY FOUR CHEESE £10.50

Four Cheese, Topped with Habanero Cheese Sauce, Jalapenos, Red Onion & Spring Onions

JACKETS & SALAD

Served From 11.30 am

Four Cheese & Beans £10.50

Four Cheese, Spring Onion & Mayo £10.50

Tuna & Mayonaise £11.00

Chicken Tandoori With Mint Yogurt Mango Sauce £11.00

BBQ Beans, Cheese & Bacon £11.00