

MENU

BREAKFAST | WRAPS | LOADED FRIES | BURGERS |

WE ARE OPFN

MONDAY - SATURDAY 09.30 - 4PM

> SUNDAY 10 - 3.30

BREAKFAST AT THE BAY

Served All Day



The Big Porky GFO

£10.50

Two Farmhouse pork Sausages, Bacon, Hashbrowns, Black Puddings, Eggs, Baked Beans, Plum Tomatoes, Sauteed Mushrooms & Toast

The Classic English GFO £9.00

Two Rashers of Bacon, One Farmhouse Pork Sausage, Hashbrown, Beans, Sauteed Mushrooms, Egg & Toast

The Vegetarian GFO

£9.00

Two Plant Sausages, Hashbrowns, Baked Beans, Sauteed Mushrooms, Plum Tomatoes, Egg & Toast

The Vegan GFO

£8.50

Two Plant Sausages, Hashbrowns, Baked Beans, Plum Tomatoes, Mushroom & Toast

Bacon Sandwich GFO

£5.00 £5.00

sausage Sandwich

GFO

£1.00

Two Toast & Jam

ADD EXTRAS FROM

£3.00

Breakfast Muffin £8 50

Two Sausage Patties, Smoked Streaky Bacon,

Topped with Cheese & Fried Egg & Hashbrowns Served in a Toasted English Muffin

The Breakfast Wrap

Two Farmhouse Pork Sausages, Bacon, Scrambled Eggs, Mushrooms, Baked Beans & Melted Cheese all Wrapped up in a Baked Tortilla, Served with a side of Hashbrowns

The Plant Wrap

£9.50

Two Plant Sausage, Mushrooms, Baked Bean, Sauteed Mushrooms & Free From Cheese, All Wrapped up in a Baked Tortilla , Served with a Side of Hashbrowns

The Veggie Muffin

Two Quorn Patties, Topped with Cheese, Fried Egg & Hashbrowns

Served Till 12pm

LIGHTER OPTIONS

Served Till 12pm

English Toasted muffins

£8.50

Poached Eggs Served on a Lightly Toasted English Muffin Served With Two Poached Eggs, Topped with Hollandaise Sauce

Smoked Streaky Bacon

Smashed Avocado V

Smoked Salmon V

£8.50

A Fluffy Three Egg Omellette Served with a Choice of Two Fillings. Choose from; Bacon, Sausage, Four Cheese, Red Onion, peppers, tomatoes or Mushrooms

Breakfast Omellette GFO V OPTS

Served with Garden Salad & Coleslaw

American Pancakes Vegan

£8.50

American Pancakes served with either one of the

Smoked Streaky Bacon & Maple Syrup

Mixed Berry Compote

Strawberry's Bananas & Chocolate Sauce







SANDWICHES

BAKED TORTILLA WRAPS

All Sandwiches come with a salad Garnish, Slaw & Crisps Unless Stated Four Cheese GFO V £5.50 Spring Onion & Mayonaise

Tuna Crunch GFO V £5.50

Celery, Red Onion & Mayonaise

Toasted BLT GFO £8.00 Bacon, lettuce, Tomato, Mayonaise

& Chips Smoked Salmon GFO V £7.50

Smoked Salmon & Smashed Avocado, with a Lemon & Dill Mavonaise

Bays Signature Steak €13

Pan Fried Sirloin Steak Topped with Fried Onions in a Rich Red Wine & Beef **Dripping Gravy in a Toasted Garlic &** Rosemary Bread, Served with Seasoned

£10.50 Tandoori Chicken

Tandoori Chicken Pieces Dressed with Mint Yogurt & Salad

Buffalo Chicken £10.50

Southern Fried Chicken Fillet Tossed in Buffalo Sauce Dressed with Ranch & Salad

£10.50 **BBQ** Chicken

Crispy BBQ Chicken, Bacon, Nacho Cheese & Lettuce

£10.50 Tuna Crunch V With Red Onion, Celery &

Mayonaise

Grilled Halloumi V

Grilled Halloumi, With Chilli Jam & Salad

All Tortilla Wraps are Baked + Served With Salad Garnish, ColeSlaw + Seasoned Fries

LOADED FRIES

Dirty BBO Bacon Fries GFO

Fries Topped with Bacon, Nacho Cheese, BBQ Sauce & Grated Cheddar

Tandoori Chicken Fries GFO £10.50

Tandoori Chicken Pieces, Cucumber & Red Onion, with a Mint Yogurt & Mango Dressing

£10.50 Beef Chilli & Chorizo Fries

Fries Topped With Beef Chilli, Nacho Cheese, Sour Cream & Grated Cheddar

Bufffalo Chicken Fries £10.50

Fries Topped with Melted Cheddar, Southern Fried Chicken, Tossed in a Hot Buffalo Sauce, Dressed with Ranch Sauce, Spring Onions & Crispy Onions

Vegan 3 Bean Chilli Fries £10.50 Vegan Three Bean & Sweet Potato Chilli &

Free From Grated Cheddar

£3.50 Portion of Fries

Add Garlic & Rosemary Seasoning



BURGERS Served with chips, Onion Rings & Coleslaw

£10.50

Beef Burger GFO

60z Beef Patty, Served in a Toasted Brioche Bun With salad and Burger Sauce

Smoked Bacon Cheese Burger 60z Beef Patty Topped With Smoked Streaky Bacon and Burger Cheese and

Salad in a toasted Brioche Bun, Burger Sauce & Caramelised Onions

Chicken & Smashed Avocado £12.00

A Crispy Fried Chicken Burger Topped with Smashed Avocado Served in a Toasted Brioche Bun with Salad & a Tangy Tomato Chutney

Buffalo Chicken & Ranch
A Crispy Southern Fried Chicken Burger Tossed in Buffalo Sauce, served in a Toasted Brioche Bun, Salad and Ranch Dressing

The Free from Burger GFO V

A Plant Based Burger, Topped With Mushrooms, Free From Cheese and Homemade Vegan Burger Sauce

£12.00

£10.00

£12.00

£12.50

LARGER APPETITES & SALADS

£0.50

£9.00

Served with Egg, Pineapple,

Chips and peas

Chicken Massala £12.00

Served with Rice & Naan Bread

Beef Lasagne £12.50

A Rich Beef & Red Wine Lasagne, with Salad & Garlic

Vegetarian Lasagne V £12.50

Spinach, Ricotta and Butternut Squash Lasagna Served with Salad and Garlic Bread

Chilli & Chorizo Con Carne £11.50

Served with Sour Cream, Grated Cheddar, Rice & Pitta Bread

GFO = Gluten Free Option

10oz Gammon Steak GFO £13.00 Vegan 3 Bean & Sweet Potato Chilli V Three Bean Chilli Served with Rice

Free from Cheese And Pitta Bread

Tuna Crunch Salad GFO V With Fresh Crisp Salad,

Beetroot & Coleslaw Tandoori Chicken Salad

With Fresh Crisp Salad, Roasted Onion, Tomatoes, Peppers with a Mint Yogurt

& Mango Dressing Jacket Potato & Salad GFO

With a Choice of

Beans & Four Cheese

Tuna Mayo, Celery & Red Onion Cruch Chilli & Chorizo Con Carne & Four Cheese Vegan 3 Bean & Sweet potato & Free From Cheese

V = Vegetarian



£12.00

£10.50

£11.50

£9.00

CHILDRENS MEALS

£5.00

Breakfast Served till 12pm

Breakfast menu:

small breakfast

served with 1 sausage, 1 bacon

hashbrowns, beans and toast

small veggie breakfast £5.00

served with 2 vegetarian sausage, hashbrowns, beans and toast

pancake special

served with pancakes, strawberrys, bananas and chocolate syrup

sausage muffin

£5.00

£5.00

served with a sausage patty, american cheese and a hashbrown on the side

Lunch Served from 12pm

"Choose One Main" £6.00 Each

- veggie sausage
- mini fish
- chicken goujons
- beef burger
- sausage

"With a Choice of 2 Sides"

- chips
- mash
- · half jacket potato
- rice
- baked beans
- garden peas
- · corn on the cob

Kids Ice Cream

all childrens sundaes are served with 2 scoops of icecream, whipped cream and a sauce of choice

£5.00 Each

Strawberry ice
Cream Sundae
served with a wafer

Cookies & Cream
Sundae
served with a cookie

Chocolate, Caramel

Delish Sundae

served with a flake





Breakfast Tea 4 One Becaff Tea 4 One Green tea 4 One Speciality Teas 4 One

Americano Cappuccino Caffe Latte

flat white

Mocha

Espresso

Hot Chocolate

Regular

£2.30

£2.40

£ 2/40

£0.40

£2.80

£ 3.00

£3.00

£3.10

£3.20

£3.00

£3.00

Lange

£3.00

£3.30

£3.30

£3.40

£3.40

Add a Shot of Syrup £0.50p Add Squirty Cream and Marshmallows for £1.00

Chilled Brinks

Bottled Water flavoured Water Juices
Bottles of Pop

£1.50

£1.80

£2.40

£2.60