

GLUTEN FREE

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MENU

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PLEASE
SPEAK TO A
MEMBER OF
STAFF
ABOUT ANY
ALLERGIES

BREAKFAST

THE BAYS PORKY £12.95

Two Sausages, Two Bacon, Two Hash Browns, Two Fried Eggs, Mushrooms, Beans, Chopped Tomatoes & Toast

THE CLASSIC BAY £9.95

One Sausage, One Bacon, One Hash Brown, One Fried Egg, Mushrooms, Chopped Tomatoes, Beans & Toast

THE VEGAN £9.95

Two Plant Sausages, Two Hash Browns, Beans, Tomatoes, Mushrooms & Toast

THE VEGGIE £9.95

Two Plant Sausages, One Hashbrown, Beans, Tomatoes, Mushrooms, Fried Egg & Toast



LOADED OMELLETTES £11.95

Including Two Fillings:

Bacon, Sausage, Ham, Cheese, Mushrooms, Peppers, Onions, Tomato

Served with Salad or Hashbrowns & Beans or Chips & Beans

EXTRA FILLINGS FROM £1.95

HOT SANDWICHES

Sausage Sandwich £5.00

Bacon Sandwich £5.00

Bacon & Sausage Sandwich £7.50

PLANT SAUSAGE £5.00

SANDWICHES

Served From 11.30 am

Cheddar, Spring Onion & Mayo £7.20

Tuna Mayonaise & Cucumber £7.20

Ham, Tomato & Mayo £7.20

Chicken Tandoori, Cucumber, Onion & Mint Mayo £8.20

SMALL PLATES

Crispy Fries £3.95

Cheesy Fries £4.95

Two Toast & Jam £3.20

Beans on One Toast £3.20

Three Cheese on One Toast £3.70

Vegan Cheese on One Toast £3.95

BREAKFAST BOWLS

THE FARMER £12.50

Hashbrowns loaded with Sausage, Bacon, Scrambled Eggs, Cheese, Maple BBQ Beans & Spring Onions

THE VEGGIE GARDENER £12.50

Hashbrowns Loaded with, Plant Sausages, Scrambled Eggs, Cheese, Mushrooms, Maple BBQ Beans & Spring Onions

THE VEGAN POTTER £12.50

Hashbrowns Loaded with Plant Sausages, Vegan Cheese, Maple BBQ Beans, Mushrooms, Chopped Tomatoes & Spring Onions



CHEESE TOASTIES

Served From 11.30 am

All Served With Salad Garnish & Fries



CHEESE & SPRING ONION £10.50

HAM & CHEESE £10.50

TANDOORI CHICKEN £11.95

TUNA MAYO & RED ONION £10.50

BBQ BACON & CHEESE £10.95

JACKETS & SALAD

Served From 11.30 am

Three Cheese & Beans £10.95

Four Cheese, Spring Onion & Mayo £10.95

Tuna & Mayonaise £11.95

Chicken Tandoori £11.50
With Mint Yogurt & Mango Sauce

BBQ Beans, Cheese & Bacon £11.00

CLOSED BENEDICTS

Toasted bagel Topped with a Poached egg, Hollandaise & the Choice of filling Below

Smashed Avocado £12.50

Roast Ham £12.50

Smoked Salmon £12.50

Add Fillings From £2.50

Served With Salad or Hash Browns